

Did You Know

In 95% of emergencies, bystanders or victims themselves are the first to provide emergency assistance or to perform a rescue.

In the aftermath of a large disaster, it may take up to 72 hours for outside assistance to reach your community.

Experience proves that basic training in emergency preparedness and disaster survival improves the ability of residents to survive until assistance arrives

To Join :

Call or Email

(804)646-2504

askemergencymanagement@richmondgov.com

Website

<http://www.richmondgov.com/fireEmergencyManagement.aspx>

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BECOME AN EMERGENCY MANAGEMENT VOLUNTEER

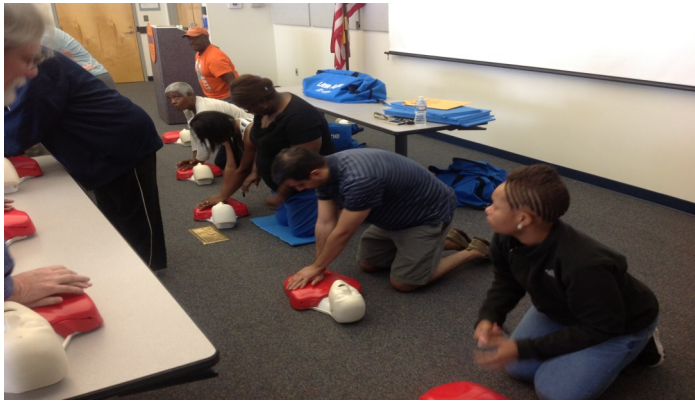


City of Richmond Office of Emergency Management



WHAT IS CERT

CERT trains and educates individuals to be better prepared for hazards that may impact their community. A component of the national Citizens Corps program, which aims to make communities safer, stronger, and better prepared. Through CERT individuals will be equipped with the knowledge that can be applied to the community in order to assist victims with non-life threatening injuries and advise neighbors on the appropriate actions to take to lessen the impact of a disaster while being an advocate for emergency preparedness.



CERT TRAINING WILL PREPARE YOU TO:

- Understand hazards that can affect your community
- Identify and reduce fire hazards in your home
- Assess and triage victims
- Perform first aid techniques, such as opening airways and controlling bleeding
- Safely perform debris removal and victim extrication
- Build an emergency preparedness kit for your home
- Make an emergency plan for your family
- Advocate for emergency preparedness
- Assist emergency management operations in your community following a disaster

COURSE OVERVIEW

Unit 1: Disaster Preparedness Introduction to disasters and their impacts

Unit 2: Fire Safety Identifying and reducing fire hazards and performing basic fire suppression

Unit 3: Disaster Medical Operations I Principles of triage and treatment for life-threatening conditions

Unit 4: Disaster Medical Operations II Patient assessment and treatment of various injuries

Unit 5: Light Search and Rescue Techniques for searching, lifting and removing victims

Unit 6: CERT Organization Decision-making, team structure and documentation

Unit 7: Disaster Psychology Effectively dealing with psychological impacts of disasters

Unit 8: Terrorism Overview of potential terrorist weapons and targets

Unit 9: Disaster Simulation Exercise based in your community to apply acquired skills

The training consists of 20 hours of classroom and hands-on training provided by professionals from Richmond Fire and Police Departments, Office of Emergency Management.

